Books:

Michelle Alexander, The New Jim Crow: Mass Incarceration in the Age of Colorblindness James Baldwin, Notes from a Native Son and The Fire Next Time Robin DiAngelo, White Fragility

Debby Irving, Waking Up White, and Finding Myself in the Story of Race Ibram Kendi, How to Be an Anti-Racist

Ibram Kendi, Stamped from the Beginning: The Definitive History of Racist Ideas in America Resmaa Menakem, My Grandmother's Hands

Isabel Wilkerson, The Warmth of Other Suns: The Epic Story of America's Great Migration

Podcasts:

On Being with Krista Tippett –#843 "Notice the Rage, Notice the Silence" with Resmaa Menakem on June 4, 2020.

Scene On Radio – "Seeing White" series from Duke Univ Center for Documentary Studies

Films

13th (2016) documentary re the Thirteenth Amendment

Just Mercy (2019) – streaming for free in June – go to justmercyfilm.com

I Am Not Your Negro (2016)

Also check out 60 Minutes aired June 14, 2020 which included segment on the Tulsa race massacre of 1921 – something many Americans are unaware of.